

Subject: We need your help! Sign up today!



Our school just kicked off the American Heart Association **Kids Heart Challenge**! Students and staff are excited to care for their hearts and minds, help kids with special hearts and learn lifesaving Hands-Only CPR!

If you haven't joined our Kids Heart Challenge team yet, get started today! We need your help to reach our goal of 100% of families completing Finn's Mission!

Here's a [sneak peek of this year's Kids Heart Challenge](#)! You'll definitely want to check it out!



Here's how you can help:

- **Register:** <http://www2.heart.org/goto/LindenwoldElementarySchoolFive> or download the free "AHA Schools" app.



- **Complete Finn's Mission:** Watch the 2-minute Hands-Only CPR video featuring cardiac arrest survivor, Damar Hamlin, and watch a music video on the warning signs of a stroke (F.A.S.T.).
- **Share with Family & Friends:** Send messages via social media, text messages and/or email.

Don't forget:

****Can we get Ms. Hines "stuck" to the wall? Register online and receive one piece of tape; complete Finn's Mission and get three pieces of tape!***

****The teacher from the class that raise the most lifesaving donations will get to "pie" Ms. Hines!***

****Our overall top fundraiser will receive this year's Heart Hero medallion; our 2nd-4th place top fundraisers will receive this year's Buster charm!***

Thanks for your support as we build a nation of lifesavers!

Ms. Hines, Health and Physical Education Teacher